



Newsletter

14.01.09

## XCHANGE SOUTH AFRICA

*International Student Placement Organisation*

XCHANGE

CAPE TOWN  
WESTERN CAPE PROVINCE  
SOUTH AFRICA

**Emergency  
numbers:**

107

(from landline)

021 480 7700

(from cell phone)

**Police**

082 302 0274

New Year – New beginnings

May the start of 2009 be a good one for you all.

The year has started with a great “bang” with so many new arrivals so early in the year. This week we welcome **Tami & Robert** (Struebens) from the USA, **Stefan** from Holland, **Paul** (USA) from Canada, **Rosanne** (Bianca) from Holland – and of course, **Marius Bremmer** from the Hogeschool Groningen’s International Office. Many of you already know that he is coming for a brief 3 day stay-over. I will bring him around to most house late on Monday afternoon / early evening to meet you all.

The other new people in town are **Tina and Kati** in Kenwood, **Jesse and Falk** in 72 On Kloof, **Ruben and Jan** in Hilton & **Sander (Malleeson)**. Warm welcome to all.

**Ayden Heidstra** is assisting us in the office at the moment since Dora left and his telephone number is Tel 072 740 5168.

### ACTIVIES:

We would like to go on a **mountain hike on SUNDAY, 18<sup>TH</sup> JANUARY to CRYSTAL POOLS**. As some of you already know, this is a really lovely walk in the mountains with large rock pools where you can swim – or hide from the baboons....

For the Groningen students, Marius Bremmer will be going along on the hike and this is a lovely change to meet with him socially. He is really a super guy and you will enjoy his company in the process. I would therefore urge as many of the Groningen people possible to join us.

We need to urgently get numbers of how many people would like to join. We plan to leave town from around 9, otherwise it just get’s too hot in the mountains. You must bring something to eat and drink, comfortable shoes, sunhat if you have one and of course, sunscreen for all the white bodies. (sorry, this just applies to the new people.) We share transport costs and you need to pay a small amount for the entrance to the nature reserve – normally between R10 – R15. Fuel – Reg normally suggests around R50 per person, so if you use a car and other’s drive with you, your fuel cost is at least covered.

**To enable us to plan for the vehicles and pick-ups, please let Karin know before Thursday lunch-time or contact Ayden on 072 740 5168. PLEASE NOTE – KARIN IS OUT OF TOWN FROM THURSDAY 14h00 till Sunday afternoon, so please do not send emails. SMS Ayden rather.**

The following week – WE GO **WINE TASTING ON BIKES**. SEE NOTICE BELOW

## Bikes 'n Wines – Wine Tasting Tour on a Mountain Bike SATURDAY, 24 JANUARY 09



Bikes 'n Wines is a novel and exciting new approach to Winelands Tourism that appeals to the young-spirited seeking an off-the-beaten-track experience. Yes, you go wine tasting on bikes, cycling through the vineyards and stopping at different cellars.

Some of our students have already done this and reported having great fun – so we urge you to test this with us. You are picked up from the city centre, taken to the starting point outside Stellenbosch and spend the day enjoying some of the most beautiful historic wine farms, fresh air and good wines. You stop for lunch on a farm where you are able to buy your own luncheon from a very affordable menu. (average R30 – R50 per meal)

**We can take 18 people max, so please send through names if you wish to join this adventure.**

**Starting point:** 08h00 In Long Street

**Return:** No plan to hurry home

**Price:** R290 per person (that includes tastings on 4 wine farms, train ride to and from the vineyards, hiring of the bikes etc., but lunch is additional) You will always have a guide with you.

**Please send names:** Ayden,

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## Kirstenbosch Summer Concerts

For those of you who are new in town, Kirstenbosch Summer Sunset Concerts are held every Sunday Afternoon in the botanical gardens. You can buy your ticket at the gate or on line. The concert venue is within the botanical garden. An excellent way to enjoy the concert is to pack a picnic basket, bring along friends and find a spot on the Kirstenbosch slopes.

**Venue:** Rhodes Drive, Newlands

**Tel (Tickets):** 021 799 8782 or 021 799 8602

**Prices:** R50 Standard Price, R70 Higher Price

**Open:** Venue is open from 15:00 to 20:00, concerts time 17:30 to 18:30

**Programme:**

18 January

25 January

1 February

8 February

15 February

22 February

1 March

8 March

**Loyiso Bala and friends**

**Prime Circle**

**The Parlotones** (*higher price*)

**Arno Carstens** (*higher price*)

**The Jonny Cooper Orchestra**

**Cape Philharmonic Orchestra: Carmina Burana** (*higher price*)

**Malaika and friends**

**The Rudimentals**



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TRIP OF A LIFE TIME - EXCELLENT VALUE FOR MONEY  
**KRUGER NATIONAL & OTHER TRIPS**

If you ever wish to go to the Kruger for about 4 days, remember, if we reserve your place - you get a discount of about R700. Costs for a four day trip R3200 + flight. Costs for a six day trip can also be arranged + flight.

Contact Karin for more details. (Normal price R3900)

The same applies to other overland trips. Normally we are given a discount as an agency and we would gladly pass that on to you.

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**NEW CARS**

Ford Fiesta 1.4, white, 1998 model, price: 2300EURO, Aircon, Radio, 110000 km, full service history, very good condition!!  
Contact: 0765734409

